General Introduction to Sangharakshita's Seminars

Hidden Treasure

From the mid-seventies through to the mid-eighties, Urgyen Sangharakshita led many seminars on a wide range of texts for invited groups of <u>Order members</u> and <u>Mitras</u>. These seminars were highly formative for the FWBO/Triratna as Sangharakshita opened up for the still very young community what it might mean to live a life in the Dharma.

The seminars were all recorded and later transcribed. Some of these transcriptions have been carefully checked and edited and are <u>now available in book form</u>. However, a great deal of material has so far remained unchecked and unedited and we want to make it available to people who wish to deepen their understanding of Sangharakshita's presentation of the Dharma.

How should one approach reading a seminar transcription from so long ago? Maybe the first thing to do is to vividly imagine the context. What year is it? Who is present? We then step into a world in which Sangharakshita is directly communicating the Dharma. Sometimes he is explaining a text, at other times he is responding to questions and we can see how the emergence of Dharma teachings in this context was a collaborative process, the teaching being drawn out by the questions people asked. Sometimes those questions were less to do with the text and arose more from the contemporary situation of the emerging new Buddhist movement.

Reading through the transcripts can be a bit like working as a miner, sifting through silt and rubble to find the real jewels. Sometimes the discussion is just a bit dull. Sometimes we see Sangharakshita trying to engage with the confusion of ideas many of us brought to Buddhism, confusion which can be reflected in the texts themselves. With brilliant flashes of clarity and understanding, we see him giving teachings in response that have since become an integral part of the Triratna Dharma landscape.

Not all Sangharakshita's ways of seeing things are palatable to modern tastes and outlook. At times some of the views captured in these transcripts express attitudes and ideas Triratna has acknowledged as unhelpful and which form no part of our teaching today. In encountering all of the ideas contained in over seventeen million words of Dharma investigation and exchange, we are each challenged to test what is said in the fire of our own practice and experience; and to talk over 'knotty points' with friends and teachers to better clarify our own understanding and, where we wish to, to decide to disagree.

We hope that over the next years more seminars will be checked and edited for a wider readership. In the meantime we hope that what you find here will inspire, stimulate, encourage - and challenge you in your practice of the Dharma and in understanding more deeply the approach of Urgyen Sangharakshita.

Sangharakshita's Literary Executors and the Adhisthana Dharma Team

Sangharakshita in Seminar

Questions and Answers on A Survey of Buddhism Chapter One: Sections Eight to Eighteen

[Second *Transcriptions* Edition - December 2000]

Contents

[Please note that these page numbers refer to the page numbers in square brackets within the transcript.

These are the page numbers used in the first edition.]

D	C1-5	4
Page	Subj	ect

2	Limitations of language in communicating the trancendental
2 5	Explaining Nirvana to a beginner
6	Rupadhyana and arupadhyana
8	Consciousness and matter
11	The difficulty of beginners' 'simple' questions
13	Mindfulness
16	Confusing the principle with its application
19	Isolated "Nothing is fully known by the Enlightened"
22	Ineffable Nirvana No rebirth as a result of karma
24	The question of the Buddha's life span
26	Bodhisattvas come when called. Adoptionism
31	Five eyes of the Buddha
33	Misinterpreting the Dharma
38	Giving advice
42	Development of positive and reactive qualities
43	Broadening one's framework
44	The Buddha's previous lives. Incompatible terminologies
45	The poisoned arrow
46	Rights (and Buddhist terminology)
50	Rights, discrimination and inadequacies of legislation
56	Possibilities of Buddhist state or govenment
57	The Buddha's faculty of recollection of previous rebirths
62	Expressions of Nirvana
63	Sariputra's first glimpse and receptivity
66	Impermanence and change
69	Intellectual and emotional understanding
72	Sunyata
76	Degrees of suffering
80	The change in Christianity around the 13th-century
82	The importance of the hierarchy
85	The Greater Mandala
86	Platonic philosophy and angels
89	The devas
91	Imagination
102	Flowers and fairies
105	Humans as the cattle of the Gods
106	The Nidanas. Avijja
109	Karmic rebirth and choice of sex

A Survey of Buddhism Chapter One: Sections Eight to Eighteen [Second Transcriptions Edition - December 2000]

Contents Page 2

	G
112	Fundamental differences between the sexes
129	Positive <i>nidanas</i>
133	Asamskrtadhatu
135	Jhanas
136	Ramana Maharshi
137	The pre-enlightenment meditations of the Buddha
145	The dynamic nature of Enlightenment
148	Brahmacarya
151	Etymology of Brahmana. Anatman
157	Beings or symbols
159	Developing ones own iconography
162	Vijnana
164	Consciousness and rebirth
175	The nature of insight
180	Bare insight - the <i>vipassana</i> tradition
184	Sex and ethics
186	Sleep and dreams and sex
188	Luxury or necessity
191	Defining a monastic lifestyle
193	Problems with sexual relationships
199	Traditions of relationships within the Muslim and other cultures
206	Setting up men's communities
209	The physical base of mind
216	Dreams
222	Kalyana mitrata and 'psychic contact'
225	The Bardo state
227	Rules and principles
229	Angels again!