General Introduction to Sangharakshita's Seminars

Hidden Treasure

From the mid-seventies through to the mid-eighties, Urgyen Sangharakshita led many seminars on a wide range of texts for invited groups of <u>Order members</u> and <u>Mitras</u>. These seminars were highly formative for the FWBO/Triratna as Sangharakshita opened up for the still very young community what it might mean to live a life in the Dharma.

The seminars were all recorded and later transcribed. Some of these transcriptions have been carefully checked and edited and are <u>now available in book form</u>. However, a great deal of material has so far remained unchecked and unedited and we want to make it available to people who wish to deepen their understanding of Sangharakshita's presentation of the Dharma.

How should one approach reading a seminar transcription from so long ago? Maybe the first thing to do is to vividly imagine the context. What year is it? Who is present? We then step into a world in which Sangharakshita is directly communicating the Dharma. Sometimes he is explaining a text, at other times he is responding to questions and we can see how the emergence of Dharma teachings in this context was a collaborative process, the teaching being drawn out by the questions people asked. Sometimes those questions were less to do with the text and arose more from the contemporary situation of the emerging new Buddhist movement.

Reading through the transcripts can be a bit like working as a miner, sifting through silt and rubble to find the real jewels. Sometimes the discussion is just a bit dull. Sometimes we see Sangharakshita trying to engage with the confusion of ideas many of us brought to Buddhism, confusion which can be reflected in the texts themselves. With brilliant flashes of clarity and understanding, we see him giving teachings in response that have since become an integral part of the Triratna Dharma landscape.

Not all Sangharakshita's ways of seeing things are palatable to modern tastes and outlook. At times some of the views captured in these transcripts express attitudes and ideas <u>Triratna has acknowledged as unhelpful</u> and which form no part of our teaching today. In encountering all of the ideas contained in over seventeen million words of Dharma investigation and exchange, we are each challenged to test what is said in the fire of our own practice and experience; and to talk over 'knotty points' with friends and teachers to better clarify our own understanding and, where we wish to, to decide to disagree.

We hope that over the next years more seminars will be checked and edited for a wider readership. In the meantime we hope that what you find here will inspire, stimulate, encourage - and challenge you in your practice of the Dharma and in understanding more deeply the approach of Urgyen Sangharakshita.

Sangharakshita's Literary Executors and the Adhisthana Dharma Team

SANGHARAKSHITA IN SEMINAR

ORDER QUESTIONS AND ANSWERS JUNE 1985

THE PAST AND THE FUTURE OF THE ORDER - PART 2

CONTENTS

Firstly, as regards the mitras 2 And as regards the Order Members - Regular attendance at Chapter meetings and Order weekends Good communication with other Order members 3 Not being in debt, including Order fees 4 England as the best place for Bhante to have developed the Order 5 The advantage of knowing foreign languages Nationalism and patriotism Not overidentification with a particular FWBO to certain countries 6 Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community 7 Avoiding 'monk' and 'lay' polarisation in the FWBO 8 The best use of the Movement's resources in terms of expansion 9 Setting up teams to start new Centres 10 Does the FWBO reflect an essentially English approach? 11 The Chairman of an FWBO Centre- Bhante's vision 12 Bhante's thinking about violence and football hooliganism 13 The distrability of all Order members going to India for six months 14 The future of the FWBO Newsletter and its use to educate 15 Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely I6	1-4	New guidelines for Kalyana Mitras
weekends Good communication with other Order members 3 Not being in debt, including Order fees 4 England as the best place for Bhante to have developed the Order 5 The advantage of knowing foreign languages Nationalism and patriotism 6 Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community 7 Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned? 8 The best use of the Movement's resources in terms of expansion 9 Setting up teams to start new Centres 10 Does the FWBO reflect an essentially <u>English</u> approach? The Chairman of an FWBO Centre- Bhante's vision 12 Bhante's thinking about violence and football hooliganism 13 The desirability of all Order members going to India for six months 14 The future of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice		Firstly, as regards the mitras
Good communication with other Order members3Not being in debt, including Order fees4England as the best place for Bhante to have developed the Order5The advantage of knowing foreign languages Nationalism and patriotism6Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community7Avoiding Schism Overidentification with a particular FWBO centre/community7Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned?8The best use of the Movement's resources in terms of expansion9Setting up teams to start new Centres10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO Newsletter and its use to educate15'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice	2	And as regards the Order Members - Regular attendance at Chapter meetings and Order
 Not being in debt, including Order fees England as the best place for Bhante to have developed the Order The advantage of knowing foreign languages Nationalism and patriotism Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned? The best use of the Movement's resources in terms of expansion Setting up teams to start new Centres Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision Bhante's thinking about violence and football hooliganism The desirability of all Order members going to India for six months The future of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely Is size (of a movement's institutions) inherently inimical to spiritual vision? Comparing urban and rural spiritual settings Mindfulness in everyday life and its consequences Recugnition of meditation practice 	weekends	
 4 England as the best place for Bhante to have developed the Order 5 The advantage of knowing foreign languages Nationalism and patriotism 6 Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community 7 Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned? 8 The best use of the Movement's resources in terms of expansion 9 Setting up teams to start new Centres 10 Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision 12 Bhante's thinking about violence and football hooliganism 13 The desirability of all Order members going to India for six months 14 The future of the FWBO Newsletter and its use to educate 15 Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 		Good communication with other Order members
 5 The advantage of knowing foreign languages Nationalism and patriotism 6 Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community 7 Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned? 8 The best use of the Movement's resources in terms of expansion 9 Setting up teams to start new Centres 10 Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision 12 Bhante's thinking about violence and football hooliganism 13 The desirability of all Order members going to India for six months 14 The future of the FWBO Newsletter and its use to educate 15 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	3	Not being in debt, including Order fees
Nationalism and patriotism6Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community7Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned?8The best use of the Movement's resources in terms of expansion9Setting up teams to start new Centres10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice	4	England as the best place for Bhante to have developed the Order
 6 Practical difficulties of taking the FWBO to certain countries Avoiding Schism Overidentification with a particular FWBO centre/community 7 Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned? 8 The best use of the Movement's resources in terms of expansion 9 Setting up teams to start new Centres 10 Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision 12 Bhante's thinking about violence and football hooliganism 13 The desirability of all Order members going to India for six months 14 The future of the <i>FWBO Newsletter</i> and its use to educate 15 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	5	The advantage of knowing foreign languages
Avoiding SchismOveridentification with a particular FWBO centre/community7Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned?8The best use of the Movement's resources in terms of expansion9Setting up teams to start new Centres10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO Newsletter and its use to educate15'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice		Nationalism and patriotism
Overidentification with a particular FWBO centre/community7Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned?8The best use of the Movement's resources in terms of expansion9Setting up teams to start new Centres10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice	6	Practical difficulties of taking the FWBO to certain countries
 Avoiding 'monk' and 'lay' polarisation in the FWBO How far into the future has Bhante planned? The best use of the Movement's resources in terms of expansion Setting up teams to start new Centres Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision Bhante's thinking about violence and football hooliganism The desirability of all Order members going to India for six months The future of the FWBO Newsletter and its use to educate 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely Is size (of a movement's institutions) inherently inimical to spiritual vision? Comparing urban and rural spiritual settings Mindfulness in everyday life and its consequences Regularity of meditation practice 		Avoiding Schism
How far into the future has Bhante planned?8The best use of the Movement's resources in terms of expansion9Setting up teams to start new Centres10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO Newsletter and its use to educate15'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice		Overidentification with a particular FWBO centre/community
 8 The best use of the Movement's resources in terms of expansion 9 Setting up teams to start new Centres 10 Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision 12 Bhante's thinking about violence and football hooliganism 13 The desirability of all Order members going to India for six months 14 The future of the <i>FWBO Newsletter</i> and its use to educate 15 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	7	Avoiding 'monk' and 'lay' polarisation in the FWBO
9Setting up teams to start new Centres10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO Newsletter and its use to educate15'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice		How far into the future has Bhante planned?
10Does the FWBO reflect an essentially English approach? The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO Newsletter and its use to educate15'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice	8	The best use of the Movement's resources in terms of expansion
The Chairman of an FWBO Centre- Bhante's vision12Bhante's thinking about violence and football hooliganism13The desirability of all Order members going to India for six months14The future of the FWBO Newsletter and its use to educate15'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice	9	Setting up teams to start new Centres
 Bhante's thinking about violence and football hooliganism The desirability of all Order members going to India for six months The future of the <i>FWBO Newsletter</i> and its use to educate 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely Is size (of a movement's institutions) inherently inimical to spiritual vision? Comparing urban and rural spiritual settings Mindfulness in everyday life and its consequences Regularity of meditation practice 	10	Does the FWBO reflect an essentially <u>English</u> approach?
 The desirability of all Order members going to India for six months The future of the <i>FWBO Newsletter</i> and its use to educate 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely Is size (of a movement's institutions) inherently inimical to spiritual vision? Comparing urban and rural spiritual settings Mindfulness in everyday life and its consequences Regularity of meditation practice 		The Chairman of an FWBO Centre- Bhante's vision
 14 The future of the <i>FWBO Newsletter</i> and its use to educate 15 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	12	Bhante's thinking about violence and football hooliganism
 15 'Recognition' of the FWBO by the 'Buddhist World'? Spreading the Dharma more widely 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	13	The desirability of all Order members going to India for six months
Spreading the Dharma more widely16Is size (of a movement's institutions) inherently inimical to spiritual vision?17Comparing urban and rural spiritual settings18Mindfulness in everyday life and its consequences19Regularity of meditation practice	14	The future of the FWBO Newsletter and its use to educate
 16 Is size (of a movement's institutions) inherently inimical to spiritual vision? 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	15	'Recognition' of the FWBO by the 'Buddhist World'?
 17 Comparing urban and rural spiritual settings 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 		Spreading the Dharma more widely
 18 Mindfulness in everyday life and its consequences 19 Regularity of meditation practice 	16	Is size (of a movement's institutions) inherently inimical to spiritual vision?
19 Regularity of meditation practice	17	Comparing urban and rural spiritual settings
	18	Mindfulness in everyday life and its consequences
Advice for keeping meditation diaries.	19	Regularity of meditation practice
$\Gamma \mathcal{O}$		Advice for keeping meditation diaries.